



STOP PRESS – DON'T MISS THESE EVENTS

Stratherrick Primary School – Rokzkool 'End of the Show' Show - 13 June 2017- see page 3

Dunmaglass sponsored walk - 24 June 2017 – see page 25

Free Places at Feis Gleann Albainn – Fort Augustus, 24 – 28 July 2017 see page 31

Stratherrick Primary School's 40th Birthday Party – 1 September 2017



All aboard for Foyers Primary Pupils

Foyers Primary School's trip this year was to Inverness for a sail aboard the Dolphin Spirit. Sixteen pupils left the Marina determined to see at least one of the famous Moray Firth dolphins.



The boat sailed under the Kessock Bridge and then Kesslet - one of the resident female dolphins - made a short appearance. Kesslet has her own internet page at <http://us.whales.org/blog/2010/12/kesslet-dolphin>

The boat sailed back past yachts and lifeboats before a quick drive across town to the new Infinity Trampoline Park where they all had a whale of time!



Stratherrick and Foyers Community Council

The Community Council AGM was held at Gorthleck on 30 May 2017.

Meetings are held on the last Tuesday of the month and are open to all residents. The venue alternates between the Stratherrick Public Hall and Foyers Primary School. www.stratherrick.net



Front Row - Kim Burton (Secretary), Catriona Fraser (Chair), Liam Longbottom (Treasurer) Cllr Margaret Davidson.
Back Row – Jennie Devlin, Gordon McAndie, Philip Crowe, Martin Donnelly, Cllr George Cruickshank, and Ian Bateman

Cheers!
TO 40 YEARS

Stratherrick Primary School is 40 years old this year. A big celebration is planned for Friday 1st September 2017. All former pupils and locals are invited to come along. For more info check local noticeboards and websites or contact the school.



Whether you got a hold of this issue in the pub or had it delivered to your home, we're all pleased you are still following the NEWS. If you are visiting the area on holiday we hope you find something of interest in these pages too. Remember – it is you who also make the NEWS, so if you have any contributions about life in Foyers and the Strath, don't hesitate to send it in to us. We are always on the lookout for photographs – ideally with people smiling in them! Contacting Strathnews by email use strathnews@sfctrust.org.uk or mail us at SFCTRUST, Evergreen, Inverfarigaig, IV2 6XR.

Our next copy deadline for the September Issue is 18 August 2017.

SOME HIGHLIGHTS IN ISSUE SIX

- How to look after your squirrels - Page 23
- Spot the Shinty Ball and win a Fiver - Page 13
- Broadband Scheme installation commences - Page 20



New Bus Timetable enclosed with this issue
SEE ALSO PAGE 31

Dates from the Boleskine Community Care Diary

- Broth and Blether at the Stratherrick Catholic Church Hall 11.30 to 3pm.
19 June, 17 July and 21 August
- Seniors' Lunch Club, Stratherrick Hall 12.30pm, book with Cathy 01456 486329
30 June, 28 July and 25 August
- Macmillan Coffee Morning Thursday 14 September, Waterfall Café, Foyers.

Strathnews has had a letter from a Mr Fraser who writes

Dear Editor,

I want to thank the Police for their timely advice on driving conditions in winter but with regard to the photo of the two officers I would like to ask them, "Where are your hats?" An old officer said to me "The diced hat is how you identify a policeman".

The editor replies - Yes, you are correct Mr Fraser. In Issue 4, Page 14 we included a photograph of the local constabulary and there were no hats on show. To make up for this we have hidden some police hats in the pages of this issue of the NEWS. "Can you find them?"

Stratherrick and Foyers NEWS is published on line and on paper four times a year. We give information in good faith, but cannot be responsible if dates or times of events change. Opinions expressed are not the views of Stratherrick and Foyers Community Trust. Businesses mentioned are not endorsed by the Trust. We always print corrections or retractions and apologise when we get things wrong. If you think any information or comments are wrong or unfair, please let us know at strathnews@sfctrust.org.uk Positive feedback on elements of the NEWS you like is also welcome.

The Lunch Club has an appetite for heights! Over 2,000 feet up on Nevis Range



The Seniors' Lunch Club outing this year headed for Aonach Mor by Fort William. It was a fantastic day: blue, blue sky - the coach trip down the Great Glen; 35 people joined a few others who had come by car and then up the Gondola. Quite exciting, getting everyone in... fortunately the cable cars stopped for anyone who found it difficult – which most of us did. Up to the top, fantastic views over to Knoydart and the west. Fish and chips followed by tea and cake. It was so amazingly hot, sitting in the sun eating ice creams... then down again and time for a quick stop at Spean Bridge to spend money at the Highland soap shop and a look around the woollen mill. Home by 4.30. Some of our members are over 90 so it was a long hot day but greatly enjoyed by everyone. Thanks for the Trust who support the lunch club and thanks also to the kind donations to BCC over the past year which covered the cost of the coach.



*The sky is the limit!
Where to next year?*

Stratherrick Primary School Parent Council

Thanks to a grant from Stratherrick & Foyers Community Trust, we have again been able to book the very exciting Rokzkool for an 8 week music programme. This year, we are doing this as a joint venture with Foyers Primary and the kids are all working towards a final performance which will be in the Stratherrick Hall in Gorthleck on Tuesday 13th June - look out for the posters!!!



We are also going to be celebrating Stratherrick Primary's 40th birthday this year!!! Again, look out for posters as we will be having a party on Friday 1st September. All are welcome and we hope to see as many past, present and future pupils there along with anyone in the Community that would like to celebrate with us. Finally, we are hoping to hold a car boot sale on Sunday 1st October. More details nearer the time.



New cars looked like this in 1978!

Contributed by Sharon Ferguson



Stratherrick Primary

Lots of things have happened since the last issue of the 'News'.

Everyone went to the Cross Country event in Inverness organised by the brilliant Active Schools Coordinators! All pupils had a really successful day and those who took part finished with super times. Although everyone had a great time running, for some of the pupils the highlight might have been the après run when we came back to Foyers and had a lovely lunch at Camerons' Tearoom. It was definitely the highlight for some of the staff too!

Before the Easter break Casey and Lewis took part in a Science festival at Kilchuimen Academy. They had to design a rocket that could fly far and straight. And out of about 10 teams from Stratherrick, Foyers, Kilchuimen and Invergarry Primary Schools Casey and Lewis (with Keely and Charlotte, their teammates from Foyers) came an amazing 2nd! We were really proud of their efforts.

The Inverness Orienteering League has started up again and as usual we have entered our pupils in the competition. Isla, Casey and Lewis started out on the white course but have progressed so well that they are probably going to start the hardest one in the final event over in the Black Isle in June. Mrs Kirkland has trained the pupils really well as we have been out and about in the area practising. Orienteering is a great way to get fit and have fun at the same time!

The pupils have been working closely with our Parent Council on the purchase of garden equipment. Miss Harris has been in charge of the redevelopment of the area at the top of the stairs and it is now looking beautiful. We went off to Simpsons Garden Centre a few weeks ago and bought some plants and fruit and veg to grow! It will be really exciting to see the 'fruits of our labours'.

We have now started our swimming lessons at the Aquadome in Inverness. We take all pupils to the lessons. That is one benefit of being a wee school as many of the larger schools in Inverness can only take their P6/7 pupils to the lessons. The lessons last for the whole of the summer term and give the children invaluable skills that will hopefully stay with them for the rest of their lives.

Finally, the pupils and staff would just like to say thank you to everyone who has helped and supported us this year. We really appreciate it.



Outside Inverness Aquadome

Contributed by Mr Graham

Foyers Primary School Update

This term has as usual been extremely busy! A number of our Primary 4 -7 children acquitted themselves very well at the McRobert Cup cross-country event in March at the Bught Park. It was brilliant to see the children from Foyers, Stratherrick and Aldourie all cheering each other on.

Our thanks to the Trust for funding some excellent dance sessions with Laura Johnstone from Eden Court. This was a joint activity with Stratherrick Primary School held at Foyers which allowed the children to work together in an original and expressive way.

On Friday 24th March we celebrated Red Nose Day with the wearing of pyjamas at school and raised a healthy £75! Many thanks to the parents and staff for supporting this event.

Charlotte Page, Annalise Beith and Jersey Page took part in a maths challenge day at Millburn Academy where the girls tried very hard to solve some complex problems. Our P7s also had the chance to attend the Digital Studio and Careers Lab on Church Street, Inverness taking part in a Lego Mindstorms workshop in April. They thoroughly enjoyed this activity and working with their P7 friends from Aldourie, but also making new acquaintances from Strathdearn Primary.

Currently Foyers is working with Stratherrick PS on a Rokzkool activity which we would like to thank the Trust for funding and for Stratherrick PS for organising.

Foyers PS also visit Aldourie PS weekly at present on our joint Health and Wellbeing days where children are looking together at Relationships and Sexual Health in small, age appropriate groups across the two schools.

Orienteering has also started this term with P6/7s attending an event at Craig Phadraig after school. We are looking forward to the next one at Ord Hill on May 31st where P7s will be trying the next level up.

P1-7 children are all involved with weekly swimming lessons at Inverness Aquadome where the P1-3 children from Foyers and Aldourie swim together followed by the P4-7's swimming together. Again the Trust has kindly supported Foyers Primary with funding towards the cost of transport.

In amongst all this we have the P6/7s doing drumming with Feis Rois, P1-4 singing with our Kodaly instructor, visits from our two new P1s who are starting school in August, P7 visits to the Inverness Royal Academy and teachers from the Inverness Royal Academy visiting our P7s, and our P5-7s learning Gaelic at Aldourie Primary School.

We are looking forward to our summer trip Dolphin Watching on the Dolphin Spirit. This is part of the children's termly topic on Coasts. Our thanks to the Trust for funding this great opportunity. In the afternoon the children are visiting the Infinity Trampoline Park where they will be able to develop their co-ordination skills and spatial awareness bouncing to their hearts content with their classmates.

Contributed by Louise Robertson, Cluster Headteacher.

Foyers Pupils prepare for Secondary School



The Foyers Primary Seven pupils joined their counterparts from Aldourie Primary for their residential trip to Loch Insh Outdoor Centre near Aviemore. Our week was packed full of a range of new activities to try. Pupils got the chance to take part in kayaking, sailing, windsurfing, way finding, canoeing, problem solving, raft building and mountain biking to name a few. We were very lucky to have wonderful sunny weather which kept everyone smiling even when wet and soggy after windsurfing.



Pupils were given responsibilities such as organising their clothes for each activity, making their supper and keeping their accommodation neat and tidy.

The trip was also a good chance for the P7s to meet other P7s going to the Inverness Royal Academy from Holm Primary School. This has been another successful trip to Loch Insh. Pupils should feel very proud of themselves for trying lots of new and different activities. They were a credit to their schools.

A big thanks to Foyers and Stratherrick Community Trust for helping fund this trip.
Contributed by Paula Page

Note - Grants from Stratherrick and Foyers Community Trust can only be used to benefit residents from Foyers and Stratherrick.

The Stratherrick and Foyers Community Facebook Page carries many school announcements. You can view this public page without needing to join Facebook.

<https://www.facebook.com/groups/420094451476149/>

Friends of the Inverness Royal Academy - FIRA

It has been a busy first six months of existence for this new group !!!

Following our trampolining trip in January, we also took a group from the area skiing at Nevis Range and could not have been luckier with the weather on the day and the snow as it wasn't the best winter ever for Scottish skiing!!! All the kids that attended had a ball and improved so much in just one day. We had hoped to get another day but weather and the lack of the white stuff was against us.

Another first for us but hugely successful activity was a 6 week tutoring program in the Stratherrick Hall for those that were due to sit exams this year. We used local teachers who were of immense help to those that attended, and we would like to thank them for the effort they put in, as well as all the parents who helped on the rota and provided snacks for the pupils. We believe this helped them prepare for the all-important exams and FIRA plans to run this again next year.

We also financially helped three pupils attend a school organised skiing trip to Italy - please see below for reports from some of them. None of these activities would have been possible without the grant and support we received from the Stratherrick & Foyers Community Trust so we would like to say a massive THANK YOU!!!!!!

We will shortly be issuing a survey to all parents and guardians that we have on our mailing list for feedback, ideas for the future and ideas for fundraising. This group is open to all parents and carers of any child that attends high school, no matter which school they attend. Activities are open to all of the said group. The only support that is solely available to pupils who attend the Inverness Royal Academy is the help for school trips. If you are not receiving communications from us and would like to - and have a child in the category, please contact Sharon on 01456 486771 or horseon5@aol.co.uk or Paula on 01456 486731 or gpwombles35@aol.com

Verity's Italian Trip Report - 'The Ski trip was a fantastic experience and really helped me develop my skiing skills. It has really influenced my interest in skiing and I would definitely recommend it to other pupils. On the last two days of the trip my group skied over to France which was a really good way to end the trip. Italy was a beautiful place and it was nice to experience the Italian culture.'



At Nevis Range

FIRA ensures local secondary school pupils have full access to additional school activities which enhance their learning and confidence. FIRA is supported by Stratherrick and Foyers Community Trust.

La Thuile Ski Trip 2017, by Sam Jones

On the 1st of April I set out with the school on my first trip abroad. We were travelling by coach, then ferry, then coach again from Inverness to La Thuile, Italy, this mammoth trip took 29 hours in total. We arrived tired but excited to be in the most beautiful mountainous terrain, positively buzzing for the week to come. On arrival we were kitted out ready for the slopes the next day. Tired and anxious my roommate and I sauntered up to our room to find that we had a huge living space and a balcony with a glorious view, the only down side being that some of the TV channels were in Italian. The hotel area had plenty of shops, games rooms and leisure centres including a swimming pool, gym and sauna. Later that evening we went to a local restaurant where we were greeted by a three course dinner. Completely stuffed we thought it couldn't get any better till one of the school staff came through with a vibrant green wig and a list of people who had mucked up in some amazing and hilarious way - at the end they crowned the best! Then they ran through a list of skiing activities that included bum boarding the next day, a pizza night on Tuesday, a disco on Wednesday and quiz on Friday.



La Thuile is in North West Italy
close to Mont Blanc



We woke up early the next morning, and not having much skiing experience I was excited for the day ahead. After breakfast we were sorted into groups and we set off for our first lesson. I learned so much that day that I felt that I was on top of the world but after lunch things got even better as we were bum boarding - it was great fun and such an exhilarating experience.

Each day was better than the one before, progressing though the different slopes and with four hours of lessons every day my skiing improved amazingly and the rest of the week flew along. One of the highlights of the week was the disco on the Thursday evening where we showed the locals the joys of Scottish dancing! In absolutely no time at all we were on the bus on our way home all wishing we had another week. From that week I gained the ability to ski, visited my first foreign country, and enjoyed every moment of it all immensely - I think it's fair to say everyone else did as well. I worked all year to pay for the trip but without the help of the trust I might not have been able to raise enough. This was an opportunity that I am very grateful to have been able to enjoy, so for that I would like to thank the Trust for enabling me to go.



Sandy Fraser's School Trips of Yesteryear



One of the most enjoyable memories of my schooldays was our trips to Inverness and Nairn in July each year. Everything including two buses were provided by the generosity and kindness of Mrs Sedgwick, the proprietor of Farraline Estate, for the 40 to 50 pupils of both Errogie and Bunchrubin schools. We were all provided with Union and Scottish flags which we waved out of the open windows. We felt like royalty, a time of great excitement and a change from the more mundane way of school life. Along with our teachers and some parents as carers our first stop was at Woolworths in Inverness where we spent our pennies, and it was pennies in those days. There we bought pails and spades and also an ice-cream for only one old penny which was a great treat to us children back then.

Then on to lunch at Burnett's Restaurant in Academy Street. I remember our teacher walking out to the policeman on traffic point duty at the Queensgate - Academy Street junction to stop the cars for our safe crossing. I recall that one day at school the teacher set up a table to make sure that we all knew about table manners in case she was disgraced! We all enjoyed our lunch and I can still recall the tasty mince, (it must have been really tasty to remember it back all those years ago) my choice among lots of other items on the menu. I still tease my wife that her mince will never match Burnett's tasty mince! On leaving we were given a bag each with lovely pies and other goodies for sustaining us later on.



I bet you can still taste the mince Sandy!

Then it was on to Nairn beach and with all of us having been born and bred among the hills, well-away from the sea some of us never even seen it. The sea and sand at Nairn was a great novelty, indeed we were all very excited as you can imagine. I think the weather seemed always sunny and pleasant in our past summers which certainly made our day out!



Pupils at Errogie School, 1936

One year for a change we visited Culloden Battlefield instead of Nairn beach, so on the days prior to our visit the history of the Battle of Culloden was the main history lesson. On another occasion as the annual circus along with a zoo had come to Inverness it was decided to miss Nairn again and go to the circus. As we did not have television back then you can imagine the excitement to see real wild animals like lions, bears, elephants, giraffes and camels. As a wee boy I was thrilled with the clown's antics.

Sadly due to the outbreak of World War 2 in September 1939 all these great outings had to come to an end. Next time hopefully I will recall many other events including our annual school sports when five local schools competed at Colonel Sopper's Easter Aberchalder Farm.

Sandy Fraser

Loch Ness East and Strathnairn Medical Practice

Repeat Prescriptions

It would help the Practice greatly if most repeat prescriptions could be ordered online via our website www.foyersmedicalcentre.co.uk or by either handing into or posting your repeat prescription slips to the surgery. We would be grateful if ordering by phone could be avoided whenever possible. Many thanks, Lesley McAdam.



Accessing the Citizens' Advice Bureau through the surgery

The Citizens' Advice Bureau has an advisor available for patients of Foyers Medical Practice to give advice via telephone consultations on a Wednesday afternoon. Alternatively, if you would like a face to face appointment, this can be arranged at Riverside Medical Practice in Inverness on a Wednesday afternoon. Please ask at reception, we will be happy to book a telephone/face to face appointment for you to discuss:

- **Benefits** (benefit checks, applications, challenging benefit decisions etc.)
- **Housing** (applications, accessible housing, adaptations, homelessness, eviction processes, etc.)
- **Employment** (flexible working, grievances/disciplinary, discrimination, etc.)
- **Community care** (problems with access to and provision of care, identifying appropriate local groups, etc.)



If you live alone and have difficulty in getting your heavy bins out to the roadside for collection, then Highland Council is able to help. If you qualify, Highland Council bin men will collect your bin from your back door. There is no additional charge for this service. If you want a copy of the form call or text Strathnews on 07525 120 966 and we will send you out a paper copy of the Council's form in the post.

Dear Stratherrick and Foyers News.

I am honoured and delighted to be re-elected for the Aird and Loch Ness Ward and look forward to meeting up with many of you again in Stratherrick and Foyers. Please send grateful thanks to all who voted for my Independent colleague Councillor Margaret Davidson and myself.

Kind regards

Helen.

Cllr. Helen Carmichael, Inverness, 9 May 2017

Telephone: 01463 782555

Email: helen.carmichael.cllr@highland.gov.uk



Strathnews offers the opportunity for all four of our elected Highland Council Representatives to contact their constituents through these pages. Ed.



A well-lively and well-attended Well-Ness event was held at the end of April at Stratherrick Public Hall organised by a group of local Therapists and Teachers representing over 13 different therapies. These included Hypnotherapy, Nutritional Therapy, Swedish Massage, Bowen Therapy, Indian Head Massage, Yoga, Thai-Chi, Acupuncture, Reflexology, Hopi Ear Candles, Reiki, Reiki Training, Personal Training and Life Coaching. Over 30 people came to learn more about how they could benefit and enjoyed taster sessions in different styles of massage, as well as one-to-one talks with individual Therapists.

One of the highlights was a demonstration by the local Tai Chi class led by Gwyneth Ludkin (photo below). Visitors also had the opportunity to join a couple of short Yoga sessions. The fundraising café, which offered home-baking and soup raised £74 for the Birchwood Mental Health Charity in Inverness. If you missed the event and would like more information on the range of Therapies available in Foyers and Stratherrick please go to the Well-Ness Highland FaceBook Page or contact Lindsey MacNaughton (pic left, below) on 01456 486562.



Loch Bran Sconnies

Time to get the oven on and rustle up a few scones. This recipe makes 4 muckle sconnies which are a meal in themselves. Best eaten outdoors with a mug of tea!



Ingredients

- 8oz plain flour
- 8oz of wholemeal four (self raising)
- 1oz of baking powder
- 2oz of sugar
- ½ oz salt
- 4 fluid oz of sunflower oil or hemp oil
- 10 fluid oz of milk (or so)

Method

Put the oven on at 220C and grease a baking tray. Mix all the dry ingredients and then add the oil and the milk until you have a claggy mixture. Make a big round out of the mixture but do not roll it. Divide the round into four quarters. Put some porridge oats on the top with a little milk glaze. Bake for a full 30 - 35 minutes.

Boleskine Camanachd



After early season wins over Lewis and Strathglass, Boleskine Camanachd has had a poor run of form recently. A few more goals for the Wasps would be more than welcome.

During May the team had a narrow defeat to rivals Inverness at the Bught. In their most recent match at Granttown on Spey in Marine Harvest North Division 2, Boleskine did well to hold an on-form Strathspey side for much of the match in awful weather but lost 3 – 1.

Boleskine was knocked-out of the Strathdearn Cup tie by a strong team of visitors from Skye. The team is not progressing in the Sutherland Cup this year either. Boleskine reached the final in the competition in 2003, but has been beaten by Glenurquhart's Second Team 3 - 0 at Blairbeg, Drumnadrochit.


Women's, youth and school shinty is very popular and new teams have been formed to compete locally and nationally. Students away at University often have the opportunity to play shinty in the Scottish Student Shinty leagues and competitions. Boleskine's Adult and Junior training is held on Wednesdays at Smith Park, Inverarnie from 7pm.

Boleskine's league campaign continues with the fixtures listed right. Home matches are played at Smith Park, Inverarnie. The usual start time is 14.30 on Saturdays and spectators are most welcome. League Fixtures are subject to change if opposition teams progress in cup competitions.

Club Contacts

www.boleskinecamanachdclub.com

To join the Fundraising '100 Club' contact
Catriona Fraser 01456 486287

Boleskine Camanachd is also on 



Boleskine's Sandy Fraser and Doneil MacLeod of Inverness at the Bught



Boleskine's Dane MacPherson hits the ball with Neil Hope beside him.

- 10 June Home Game v. Lochaber (13.00 Throw-up)
- 24 June Home Game v. Lovat
- 1 July Home Game v. Kilmallie
- 22 July Away Match at Lochcarron
- 29 July Home Game v. Glengarry
- 12 August Away Match at Strathglass
- 19 August Away Match at Lochaber
- 26 August Home Game v. Inverness
- 9 September Away Match at Strathspey
- 23 September Away Match at Caberfeidh
- 30 September Home Game v. Lewis



Spot the Shinty Ball and win



We have hidden the shinty ball from this photograph. Here is your opportunity to win £5 to spend at any business in Foyers or Stratherrick. There is no entry fee.

Just mark five crosses anywhere on the photograph – where you think the centre of the shinty ball is. The contestant with the most accurate cross will win £5 to spend anywhere in the district. Post or hand in this entry page to

Strathnews, Evergreen, Inverfarigaig IV2 6XR.

Inverness v Boleskine Camanachd at the Bught, conditions excellent.



Name
Address
(or email address)

The prize has been donated and does not come from Community Trust funds. The Editor's decision is final. Your contact details will not be used for any other purpose than to inform the winner. Competition closes 11 July 2017. Caman have a try. ☺ The winner will be announced in next issue - it could be you!

On the beat



PC William Jones at Fort Augustus Police Station has told the NEWS that there are currently no **Special Constables** in the area. Special Constables are trained volunteers who support and assist regular police officers carry out their duties. They are a valuable resource and can provide additional support to local policing teams and communities. Special Constables can report for duty at any mutually-convenient time on a regular or irregular basis, depending on their work or lifestyle commitments. PC Jones said "I would encourage anyone who is thinking of applying to be a Special Constable to look at the Police Scotland website and speak to current officers to find out more about the role."



You can contact Fort Augustus Police Station by telephoning 101.

www.scotland.police.uk



SCOTTISH FIRE AND RESCUE SERVICE
Working together for a safer Scotland



Firefighter Willie Fraser, Gorthleck wearing breathing apparatus on tactical ventilation practice at our Smoke house on Aberarder Estate.

www.firescotland.gov.uk

Foyers Fire Crew has had a busy spell with various call-outs involving Road Traffic collisions, Wildfires and Home Fire Safety Visits. We even had a Callout to Glen Etive, near Glen Coe to a very challenging wildfire on the estate once owned by the famous author Ian Fleming. '007' wasn't at home at the time of calling.

During the very latest dry spell there was still some folk burning without contacting our Fire Control to let them know their intentions. This can lead to folk calling 999 to report a fire and having to call us out. The Controlled Burning number to call is at the foot of this page.

We are still actively looking for new recruits and if you are interested why not pop along to our training sessions on a Monday night between 7-9.30pm for an informal chat and a look around.

Thanks to the Foyers Waterfall Cafe and all those who donated to the collection tins, over £40 has been raised and this will be spent locally on Carbon Monoxide detectors.

Anyone requiring a FREE Home Fire Safety visit can do so by using the contact details below or by picking up a card at the Foyers shop, Medical Centre, or the Stratherrick Village Hall.

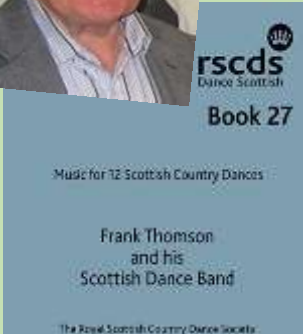
Contributed by Foyers Watch Manager – Neil Kirkland 07799170640

For free Home Fire Safety Visits call 0800 073199 :::: Controlled Burning Line 01382 835804



The **Stratherrick Country Dance Group Rally** is planned for Friday 13th October 2017 which sees our local club members joined by Scottish country dancers from both Inverness and other clubs around the Highlands.

This year's live music is provided by the Frank Thomson Band from Aberdeen. Frank is always in demand and has recently played at the Shetland Festival and Haddo House Snow Ball. Frank is off to Fife soon where his band will be playing for the Royal Scottish Country Dance Society's Annual Summer School in St Andrews in July. Hugh Nicol who runs the Stratherrick Club and Rally said 'New dancers and spectators are always very welcome. There is still time to learn your petronella turns at our weekly club sessions before the big night.'

rscds
Dance Scottish
Book 27
Music for 12 Scottish Country Dances
Frank Thomson and his Scottish Dance Band
The Royal Scottish Country Dance Society

Church News



The congregation at Stratherrick Catholic Church welcomed Bishop Hugh Gilbert OSB, Bishop of Aberdeen on 25th March 2017. The occasion was a blessing of the outdoor altar on Lady Day, the Solemnity of the Annunciation. Photo - Bishop Gilbert (in mitre) with parish administrator Father Andrew Harden. (photo Marie Cumming)

The forthcoming Highland Deanery Day of Renewal is scheduled for Saturday 24 June 2017 from 10.00am.

Drainage work to protect the Church Hall has been completed. Stratherrick and Foyers Community Trust provided a grant to help with the cost. The Hall is available for hire by any members of the community.



The **Scottish Episcopal Church** at Croachy services are at 11.00 each Sunday. A 'Craft and Chat' event happens on Thursday afternoons from 2pm. This year's Community Christmas Fayre at Farr Hall is planned for Saturday 18th November 2017, 2pm – 4pm. www.stpaulsstrathnairn.co.uk

Free Presbyterian Church, Gorthleck every 3rd Sunday. Mrs E Fraser 01456 282 / 220 www.fpchurch.org.uk

Free Church Continuing (Dores) - check at www.freechurchcontinuing.org

Stratherrick Free Church, Errogie. Sabbath Service at 4.30pm. Mr S McLure 01456 486435 www.greyfriarschurch.org



The new Boleskine Church at Drumtemple has been a place of worship since 1778.

Olaf Olsen, Session Clerk at the **Church of Scotland** at Drumtemple told the NEWS that the congregation numbers are steady. Olaf said 'We are always welcoming to visitors with our 10 o'clock services on the first, second and third Sunday of each month.' Olaf provides this text from Hosea Ch6. v3. *'Come let us return to the Lord. As surely as the sun rises, he will appear; he will come to us like winter rains and as the spring rains that water the earth.'*

Church News to add here? Email us at strathnews@sfctrust.org.uk

Trust News from around Foyers

Riverside Field

As you might recall Stratherrick and Foyers Community Trust purchased the Riverside Field on behalf of the community in March 2016. Since then the Trust has met with interested community groups, obtained quotations from architects and had a number of them attend Board meetings to give presentations. The architects provided some detail of the work they would do to survey the field and to produce a plan for the site. This work will include a local public consultation on the options and opportunities. Stratherrick and Foyers Community Trust had made an application to Big Lottery for help with the costs of employing the architects but, due to a massive over subscription to the Fund, were recently informed that this had not been successful. While this was disappointing it was not overly surprising and therefore, at its June meeting, the Board decided to simply press on with their plans. The chosen architect HRI Munro has therefore been contacted and the project will be advanced with due consultation with the community. An update will be included in the next edition of the NEWS. Information is also regularly posted on the Community Trust Website at www.stratherrickcommunity.org.uk

Foyers Bay area and the former Fish Farm site

Stratherrick and Foyers Community Trust sees great potential for local recreation through acquiring the **Foyers Bay area**. The Trust has therefore been involved in negotiations for a long lease from power company SSE. The terms of the lease have now been agreed and solicitors will be instructed shortly to deal with the legal aspects. The Trust has also been in consultation with existing local users of the area and other local people who have the appropriate knowledge relative to the Trust's plans. The Trust expects to conclude the agreement with SSE as soon as possible and this will secure the ground for local benefit and allow improved facilities for all residents to access the loch safely, whilst preserving the interests of local people who have used the area for many decades.

Foyers Pier / Quay

Over recent years **Foyers Pier** seems to have had limited use and recreational benefit for local people. Unfortunately due to the substantial amount of work and the estimated costs of that which diving surveys assessed were required, Stratherrick and Foyers Community Trust took the decision that acquiring the Pier was simply too much of a liability for the community and that the majority of the beneficiaries of such work would likely be businesses from outside the area. It is understood that SSE has been in negotiation with a private company about the future ownership and operation of the Pier and that it is now owned by a private company. This does not affect the Trust's own plans for the Bay area.



A new visitor at Foyers Pier is the MV Scotia W. Skipper Alex Wood offers bed and breakfast aboard.

Some news from the Kilchuimen end....



The big news in Fort Augustus later this summer will be the new state of the art catamaran now being built for Cruise Loch Ness. The Mackenzie family have been running cruises from Fort Augustus up towards Foyers since 1968. Ron Mackenzie took charge in 1990 and the Royal Scot was built specially for the loch in Cornwall. The Royal Scot has now been sold to work on Loch Lomond. Ron's new boat is nearing completion in Exeter. The new 'Spirit of Loch Ness' is a 20 metre aluminium catamaran which can carry up to 220 passengers and can travel at up to 20 knots. Ron's been winning awards and Cruise Loch Ness is now a 5 Star visitor attraction.



Check out these links for more information on the new boat and let us know when you see it off Foyers Bay.

www.cruiselochness.com and <http://www.incatcrowther.com/product/ic15111-20m-catamaran-tour-vessel>

Other services in Fort Augustus



Our only local bank branch is the Bank of Scotland in Fort Augustus. Current opening times are Tuesdays and Thursdays only 1000 to 1500hrs.



The Royal Bank of Scotland's Mobile Bank calls at Fort Augustus (Lovat Hotel) on Mondays and Thursdays from 2pm to 3pm.



Where would Stratherrick and Foyers motorists be without the West End Garage local emergency service? An additional mobile telephone number has been added to the West End listing in this edition of the NEWS.



If you are interested in becoming a cadet or a volunteer with the Army Cadet Force in Fort Augustus, please follow the link below.

<https://armycadets.com/county/1st-battalion-the-highlanders-acf/about-our-county/>



Fort Augustus Police Station can be reached by telephone only by dialling the Police Scotland Non-Emergency Number 101. The old landline number is no longer connected. If you need an emergency response, the number is still 999.

Fort Augustus Gala Day is planned for Sunday 18th June 2017.



SSE has now begun construction of Stronelairg wind farm located on the Garrogie Estate, South East of Fort Augustus. This is a 66 turbine project and sited within a natural bowl on a plateau and is set well back from Loch Ness meaning that no turbines will be visible from the main tourist routes. The project will benefit from utilising the extensive existing infrastructure at the adjacent Glendoe hydro scheme. This includes the existing road access for Glendoe.



The enabling works for the project started in late Autumn 2016, with the main focus being setting up the site offices and a base camp up at the Glen Doe dam. Main construction works are now underway and the project team are building the access tracks through the site and the spur roads out to each of the turbine locations. The preparation work has begun for the turbine bases with the main construction of the turbine bases and crane standings starting in the coming weeks.

In addition to the works onsite the principal contractor RJ McLeod is completing a programme of road improvements on the B862 up to the Glen Doe hydro scheme entrance, involving sections of widening and a full resurfacing programme. In addition to these works there has been a programme of improvement works in Fort Augustus building new path sections and junction by the Highland Club which will greatly improve pedestrian safety in this section of the village.

It is still quite early days in the construction of Stronelairg wind farm but the SSE's project team and their contractors are working hard to meet the ambitious construction programme. The construction of the wind farm is expected to be completed and fully operational by early 2019.

Corinna Scholes, SSE Corporate Affairs, May 2017

A map showing the position of the windfarm is at [this link](http://sse.com/media/365407/Glendoe_And_Stronelairg.pdf)
[http://sse.com/media/365407/Glendoe And Stronelairg.pdf](http://sse.com/media/365407/Glendoe_And_Stronelairg.pdf)



American visitors feel at home with Donald and Lyn's stylish new Airstream Diner which has proved popular for breakfasts and evening snacks

Loch Ness Shores has one of the best examples of an integrated renewable energy scheme on any campsite in the UK. Solar panels, heat pumps and boreholes provide the award-winning site with the hot water it needs for visitors and the reception block. The Energy Saving Trust has made a short and informative video in which Donald explains how the system works and shows the positive effect of increasing business on the village. You can spot a few locals in some of the shots!

Highland Council's Ranger Service is offering Summer walks from Foyers.

There are seven Wildlife Discovery Walks at Foyers this summer.

- The walks happen on Tuesday afternoons during July and August.
- They commence at 2pm and finish at 4pm.
- They start from Loch Ness Shores Caravan and Camping Site, IV2 6YH.
- Costs are – Adults £5, Concession £3.



Booking with Lyn Forbes on 01456 486333

Dates Running – Tuesday 4th July, Tuesday 11th July, Tuesday 25th July 2017 and

Tuesday 1st August, Tuesday 8th August, Tuesday 15th August and Tuesday 22nd August 2017

In addition some other den-building days may be on offer. Contact Lyn. Kayaks, small boats and archery sessions are also on offer from Loch Ness Shores.

Regular Hall Users are as follows – but please look out for special events too

What's On at the Stratherrick Hall?

- Mondays - Dog training 7.30pm
- Tuesdays - Ballroom Dancing 7.30pm
- Wednesdays - Tai Chi* 10am
- Country Dancing* 7.30pm
- Thursdays - Rainbows, Brownies & Guides 3.45 - 7pm
- Friday - 30th June - Seniors Lunch Club –
(last Friday of every month during the Summer)

**Please note both of these classes have ended for the Summer and hope to re-start in the Autumn.*

For further info please contact Booking Clerk Pam on 01456 486364 or at pammyjsimp@gmail.com



"I'm thinking of going in."

Trust's Broadband Scheme Advances!

Stratherrick and Foyers Community Trust's plan to spread high speed broadband out across the district is progressing. The Trust has agreed a plan with Cromarty Firth Wireless Networks which will allow households to get on-line by a series of relay points. The initial work has commenced. Two extra telephone lines have been installed at Stratherrick Community Hall by BT. These bring a good strong signal from the new green BT Broadband fibre cabinet beside the Gorthleck Telephone Exchange. An electronic cabinet has been connected to these two lines in the back room of the hall. The signal will then be beamed up the Strath to a high-point. This will be the main link in a chain to other properties which have a clear line-of-sight to the high-point.

Stratherrick and Foyers Community Trust is providing over £8,000 to purchase and install the initial infrastructure which they will then own. Cromarty Firth Wireless Networks will install and operate the scheme. Households wishing to join will require to pay a monthly subscription to Cromarty Firth Wireless Networks of £30 inc. VAT. Use will not be capped. There will be a charge for householders' equipment but those households which can access the Government Grant Voucher Code should expect to pay an additional £40 inc. VAT towards the cost of the purchase and installation of the equipment in their homes.

Once the initial phase has been shown to work, additional links and relays will take the signal to more and more homes. Work is ongoing to roll-out the scheme as this edition of the NEWS goes to press. Progress updates will be posted on the Trust website www.stratherrickcommunity.org.uk



Mike Hicks from Cromarty Firth Wireless Networks installs the new cabinet at Stratherrick Hall.

Smiling through the rain – Trust deputy Chair Sharon Ferguson with CFWN aerial installer Paul Shepherd



The BT Broadband Box at Glenlia is now functioning, but this signal is only strong for residents who live close to the playpark. Local efforts are continuing to have an additional box installed at Lower Foyers.

How you voted - our local and UK representatives

Highland Council

Aird and Loch Ness Ward

Four councillors were elected in May for our ward. Councillor Davidson received the most first preference votes and leads the new council administration at Glenurquhart Road. Jean Davis (Liberal Democrat), Chris Balance (Green) and Matt Friess (SNP) did not attract sufficient votes / preferences.



The four Aird and Loch Ness Councillors are Emma Knox (SNP), Margaret Davidson (Independent), George Cruickshank (Conservative and Unionist) and Helen Carmichael (Independent)

Westminster

**MP for Inverness, Nairn,
Badenoch and Strathspey**

www.parliament.uk

The General Election was held on June 8th and voters in Foyers and Stratherrick helped to return Drew Hendry as our MP. His majority was less than half compared to the last election in May 2015, falling from 10,809 to 4,924. The turnout was 68.7%. Over 30% of votes went to the Conservative and Unionist candidate Nick Tulloch. Labour's Mike Robb improved his showing. The Liberal Democrats lost further ground with a poor result compared to the days when Danny Alexander was elected as our MP.



Constituent Caren Birch and Drew Hendry at Foyers in May 2017

Drew Hendry, SNP	21,042
Chris Tulloch, Conservative and Unionist	16,118
Mike Robb, Scottish Labour	8,552
Ritchie Cunningham, Liberal Democrat	6,477
Donald Boyd, Christian Party	612

Holyrood (since 2016)

Our constituency MSP is Kate Forbes who represents Skye, Lochaber and Badenoch

www.kateforbes.scot

Highlands List MSPs are John Finnie, Maree Todd, Edward Mountain, David Stewart, Rhoda Grant, Douglas Ross and Donald Cameron the Younger of Lochiel.

If you are visiting our capitals and want to look round the House of Commons or Holyrood contact one of your representatives who may be able to organise a special tour for you.

“The View from the Hill...”

Observations from the local sporting estates, contributed by Jenny Dow

For many, a Scottish summer is summed up in this quote “I am looking forward to summer, it’s the most beautiful **day** of the year.” However we always hold out hope for some hot sunny days, and balmy evenings. For a gamekeeper Summer marks the start of the season in many ways – with preparation for pheasants and partridges arriving in their pens, for fishermen taking days to catch a trout. The Stag season begins in mid-July although few outings take place until later in the summer as the velvet is still being cast at this time of year, and then there is the run up to the beginning of the Grouse season on August 12th.

Summer makes everyone more active and hill walking and cycling becomes the main activity for many. We must be mindful of this on the hill with health and safety for hill walkers and cyclists, to make sure we do not obstruct pathways and roads, display correct signage, and work alongside the general public to ensure everyone has a safe and enjoyable time.



You will probably have seen in the newspapers that we are to expect a midge epidemic! I recommend Avon’s Skin So Soft, they hate it! Also if you take Vitamin B12, they don’t tend to bite as much as they don’t like the taste! If there was one midge in a ten mile radius it would root me out and bite me, so sometimes there is no easy solution. Just be careful not to jump up and spill your wine if you do come under midge attack! Happy Sunbathing, it’ll be raining later on!

Different Midge Repellents are available locally

SMIDGE Products at Loch Ness Shores, Foyers, and Totally Herby Anti Midge Spray at Foyers Stores.

Staff from Stratherrick and Foyers Primary Schools competed in the Beast Race last year. Sponsorship from the pupils helped raise £180 for Boleskine Community Care which was presented to Julie Russell.






Saving Scotland's Squirrels


www.scottishsquirrels.org.uk




Stratherrick, Foyers and Inverfarigaig squirrels are a big asset to the area. There have been more sightings around Gorthleck in recent years. Visitors often are astonished to see them and squirrels can be the highlight of their holiday. Mel Tonkin heads up the 'Saving Scotland's Red Squirrels Project'. Dr. Mel spoke to the Stratherrick and Foyers News about what we can do to help our squirrels.

 Tell us Mel, what are the two best practical steps we can take to help the Stratherrick and Foyers squirrel population to thrive?

Well, first, please report all squirrel sightings in any location annually at <https://scottishsquirrels.org.uk/squirrel-sightings/> so that the red squirrel presence is recorded in as much detail as possible. This will help us all to resist any incremental loss of forest habitat where red squirrels are present. Secondly, if you have a garden or larger landholding please plant a tree – a hazel, Scots pine, Norway spruce, larch or yew, as all these trees produce seeds for your squirrels to eat.


 Where is the nearest threat from Grey Squirrels geographically?

Aberdeen. As the crow flies, Perth is about equidistant, but fortunately grey squirrels can't fly, and greys from Perth would have to get round the coastal route from Angus to Aberdeen and then on from there. The **Saving Scotland's Red Squirrels Project** has brought about a change in distribution of greys in Aberdeenshire. The nearest greys used to be around Strathdon and Ballater back in 2007/8, but we rarely see them beyond Peterculter and Kemnay these days.

 What should I feed the squirrels?

It is best to feed a variety of different foods, with a basic mix of cheaper foods plus a few added extras similar to those that the squirrel might encounter in the wild. Hazelnuts from the shore near Inverfarigaig are a favourite for local squirrels. A suitable basic mix includes unsalted peanuts (in or out of their shells), sunflower seeds, whole maize and wheat grain. I recommend to add a calcium source because red squirrels may suffer from calcium deficiency if eating a rich diet. Add bone meal to the dry feed mix, or a cuttlefish bone or antler placed near to the feeder. Avoid offering sweet, dried foods such as raisins and sultanas.



 Should I make a squirrel nest box and put it up in the woods?

Squirrels are well able to make their own nests called dreys, and have 5 or 6 on the go at any one time, so it is not necessary. However, it is known that squirrels prefer tree cavities when they can find them – which is not so often these days. A nest-box may well be welcomed by local squirrels. They are particularly useful where forest operations cause loss of habitat – and therefore a loss of dreys – although in theory trees with active dreys should not be felled without a licence.



For a Red Squirrel Feeding Factsheet visit www.stratherrickcommunity.org.uk or request a laminated copy by emailing your address to strathnews@sfctrust.org.uk





Changes to Boats on Loch Bran and Loch Knockie

Loch Bran is well-known for its abundance of dragonflies and damselflies. The loch also has sticklebacks and brown trout. There have been some changes to the arrangements for local brown trout fishing. Whitebridge Hotel no longer operates a boat on Loch Bran. Fly fishing from a boat or boat hire for a wildlife pleasure trip can be arranged by calling Gordon on 07873 770645 or Phil on 07734659764. The Loch Bran boat takes a maximum of three and can be hired for the full or half day. An outboard motor, rods and flies are available.



The Whitebridge Hotel (01456 486226) now offers fly fishing or a wildlife pleasure trip from its boat on Loch Knockie. The Loch Knockie boat takes a maximum of four. No outboard motors are permitted on Loch Knockie. Other wildlife to spot on either loch includes the Little Grebe (photo above) – the duck with the fluffy rear end and a distinctive white patch at the base of their beaks. Get too close with the boat and they will dive, hide and pop up a fair distance away. Boats and kayaks are also available on Loch Ness from Loch Ness Shores Camping and Caravan Park, Foyers.



Stratherrick Rainbows, Brownies and Guides would like to thank everyone who came to our Bingo Night on Friday 28th April at the Stratherrick Hall. It was great to welcome so many of you. A grand total of £320 was raised. We will be donating £25 to the Multiple Sclerosis Charity that was taken in refreshment donations and the rest will help towards the cost of our trip planned for September.

We are going to the Loch Lomond Sea Life Centre (photo left) and will be experiencing a sleepover in the walk through tunnel with all the fishes, turtles and sharks swimming above us! The support of our community and a Grant from the Stratherrick and Foyers Community Trust has made this trip a reality.

..... THANK YOU.....

A special thank you to Adam Mason who showed he can turn his hand to many things, including Bingo Calling, and to his able assistant Abi Kirkland who helped keep him right on more than one occasion!



All Welcome! Join the first Dunmaglass Sponsored Walk on Saturday 24th June 2017 for The Neil Mackenzie Trust

Thank you to everyone in the Stratherrick & Foyers community who supported us in 2016. It was a successful year for The Neil Mackenzie Trust.

This is how some of the money you helped us raise has been spent:

£3,000 went to the Varsity Outdoor Club, in Vancouver, towards The Neil Mackenzie Adventure Grant set up by them. It helped 5 members pursue adventures that otherwise would have been out of their reach. 3 came to Scotland and 2 went on an expedition in the Coast Range of British Columbia.

£800 has been given out in Scotland, in skills grants for training courses for all ages, ranging from ski training, mountain leadership, mountain bike training, and paddle sports leadership.

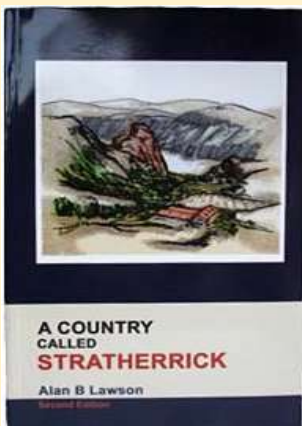
Our next fundraising event is a family-friendly Sponsored Walk, which is part of this year's Bell's Bothy Challenge, and will be held on Saturday 24th June. We have teamed up with Dunmaglass Estate and SSE, who have very kindly offered the use of their land for our event. The aim is to get as many people, not only from Strathnairn, but also Stratherrick & Foyers and Strathdearn, out to enjoy our surroundings, take some exercise, meet some new friends and of course raise some money for The Neil Mackenzie Trust at the same time.



Neil Mackenzie, Strathnairn, who fell to his death whilst climbing in Canada in 2015.

For more information and a Registration Form for the Sponsored Walk please contact Caroline Tucker on caz_mackenzie@hotmail.com, or download a form from the Neil MacKenzie Trust website – www.theneilmackenzie.com, where you will also be able to find out more about what we do.

Thank you for your continuing support. Caz Mackenzie



If you are new to the area or just interested in local history, Alan B. Lawson's Book
'A Country called Stratherrick'
is available to buy from the South Loch Ness Heritage Group. Contact Alan Findlay on 01463 751258 or send a cheque for £7.25 to SLNHG, Rose Cottage, Dores. IV2 6TR



How to apply for a Grant

You can apply at any time for the Trust Grant Schemes. The Trust meets to consider grant applications six times a year. Our deadlines and assessment period mean you can expect a decision on your application between six and ten weeks from when you submit it. **The Trust cannot make retrospective grants so please apply and get a decision before incurring any costs.**

Group Application Form – up to £10,000

These make up the bulk of our grant awards and are available for constituted, not-for-profit groups and organisations run to benefit people living in the Stratherrick and Foyers area. Groups can apply for two grants per year.

Non Constituted Group for Community Benefit form – up to £1,000

For use by individuals organising an event to benefit members of the community.

Student Grant Form. – up to £500 per year

For anyone undertaking a further or higher education course or training. No upper age limit.

Sporting Grant Form. up to £250 for each grant, and two applications permitted each year for anyone competing at National or Championship level or participating in a recognised training camp as a trainee.

Energy Saving Grant Form – up to £500

Available to any homeowners in the area for making energy saving improvements to their own residential property only. Improvements might include insulation, renewable energy systems or other measures recommended by Home Energy Scotland.

Hardship Grant Form – up to £500

Please contact the Project Coordinator for a confidential discussion about anyone you know in particular hardship or your own circumstances.

Higher Value Grants and Projects - contact the Project Coordinator with any ideas.

Details of the Apprenticeship Scheme are on line at www.stratherrickcommunity.org.uk

Grant Helpline 07525 120 966 call or text – We can call you back.

You can call the Project Coordinator to discuss any aspect of the grants system or to arrange a meeting at a time to suit you.

If you want a paper copy of any form, text your name and postal address – and the grant you are interested in - to 07525 120 966 and we will send you the application form and the appropriate guidelines.

Or if you e-mail admin@sfctrust.org.uk we will email you the appropriate form and guidelines which are also available for download now at <http://www.stratherrickcommunity.org.uk/grants-system>



Grants Awarded

The following grants were awarded at the Board meetings held in March, April, May and June 2017

Grants awarded to Groups (7)

- Stratherrick Guides Brownies and Rainbows (Additional activities and trips) £1,353.50
- Stratherrick Primary School (Additional activities including educational trips) £2,729.60
- Foyers Primary School £1,451.60 (Additional activities including educational trips)
- South Loch Ness Heritage Group (War Memorial site restoration) £2,388
- Stratherrick and Foyers Community Council (Toilet Operating Costs Summer 2017) £2,459.24
- Knockie Trust (Operating Costs) £1,002
- Feis Gleann Albainn (Fees for local participants) £720 depending on take up

Energy Saving Grant (1) Colin Adamson (Glazing) £269.42

Student Grants (2) Isobel Slater £500 and Rhiannon Alexander £500

No Sporting Grants or grants to Non-constituted groups were awarded in this period.

In addition £8,413.50 was allocated for the Broadband Pilot Scheme based at the Stratherrick Hall.

The next Grant meetings are scheduled for 2 August and 4 October 2017

The next deadlines for the receipt of completed applications by the Administrator are 21 June and

23 August 2017. Grant application forms can be downloaded from the Trust website

www.stratherrickcommunity.org.uk Paper forms are available – contact Laura Walker-Knowles,

Trust Administrator on 07464 394 276 – admin@sfctrust.org.uk or Steven Watson, Project

Coordinator on 07525 120 966 pc@sfctrust.org.uk

HOW TO JOIN THE TRUST

You can help shape the future and improve your community by joining up as a member of Stratherrick and Foyers Community Trust. Membership is open to all residents over 18. There is also a Junior membership category. There is no charge to join, and members can only ever be asked to contribute one pound. Once you are a member you can attend and vote at the Trust AGM and stand for election as a volunteer Trust Director. There are vacancies every year. You can help decide how the Trust uses the Community Benefit Funds and what new initiatives the Trust should support in future.

Download a Membership Application Form at

www.stratherrickcommunity.org

Call or text 07525 120 966 and we will send you out a paper form or email admin@sfctrust.org.uk and we will send you an electronic copy.



Public Services Listing June 2017

Foyers Medical Centre – East Loch Ness and Strathnairn Medical Practice	01456 486224
NHS 24	Phone 111
Police – Non Emergency or to report a crime	Phone 101
Fire – Free Home Safety Check	0800 0731999
Medical, Police, Fire, Loch or other Emergency	Phone 999
Raigmore Hospital Switchboard	01463 704000

Highland Council

General enquiries, comments, compliments or report a complaint	01349 886606
Roads, flooding and street lighting	01349 886601
Council House Repairs and Pest Control, Council Housing applications and rent enquiries.....	01349 886602
Domestic Special Uplifts and Refuse Collections, Report Fly Tipping, Dog fouling	01349 886603
Abandoned vehicles and environmental health	01349 886603
Blue Badge, Travel and National Entitlement Cards	01349 886604
Make a payment by debit or credit card	01349 886605
Planning and building standards	01349 886608
Licensing	01349 886609
Ward Manager (Ward 12) Charles Stephen	01463 785010
Councillor Margaret Davidson	01463 861424 / 07818015689

Schools

Foyers Primary School	01456 486612	(Snow Code 042070)
Stratherrick Primary School	01456 486630	(Snow Code 043060)
Bun Sgoil Ghaidhlig Inbhir Nis	01463 725980	(Snow Code 043280)
Inverness Royal Academy	01463 222884	(Snow Code 041100)
Drummond School	01463 701050	(Snow Code 041910)
Kilchuimen Academy	01320 366296	(Snow Code 041110)

Schools Closed Freephone Recorded Info Number (Snow) 0800 564 2272 and use the code

Constituency MSP – Kate Forbes – Dingwall	01349 864701
D&E Coaches Inverness	01463 222444
Stagecoach Inverness Bus Office	01463 233371
Caledonian Canal Inverness Office	01463 725500
Fort Augustus Visit Scotland Information Office	01320 345156
National Rail Enquiries	03457 484950
Albyn Housing	01349 852978
Caledonian Sleeper Train	0330 060 0500

New Listing
Highlife Highland
01463 663800

This list is incomplete. If there is information you think we should add for the next issue, or you spot any errors, please e-mail strathnews@sfctrust.org.uk

Local Services Listing June 2017



**Here are some of the local businesses which serve our community.
There are plenty more yet to be listed so please help us fill this page.**

Camerons' Tearoom and Farm Shop, 01456 486572, also on Facebook
Craigdarroch Inn, 01456 486400, www.thecraigdarrochinn.co.uk/
Foyers Stores, PO & Waterfall Café, 01456 486233, <http://foyersstoresandwaterfallcafe.co.uk/>
Whitebridge Hotel, 01456 486226 www.whitebridgehotel.co.uk
Loch Ness Shores Caravan and Camping Park, 01456 486333, www.lochnessshores.com
Lynn Mhor Croft Pork and Eggs, 01456 486291 (Facebook, Lynn Mhor Croft)
Morag's Crafty Bothy, Foyers 07592604249, www.moragscraftybothy.com
Stratherrick Community Hall, Gorthleck 01456 486205
Riverside Gallery and Picture Framing www.riverside-gallery.co.uk 01456 486350 (Hugh Nicol)
Aberchalder Plumbing Services, 01456 486283 (Neil Kirkland)
Greensparks, 01456 486291 www.greensparks.com (Rob Mullen)
Wildside Lodges, 01456 486373 www.wildsidelodges.com
West End Garage, Fort Augustus Garage 01320 366247, Johnnie Mobile 07889792685 and Robert 07796435380
West End Garage, Home / 24hour breakdown 01320 366426, www.westendgarage.org

Highland Acupuncture 01456 486628 www.highlandacupuncture.co.uk (Johanna Schuster)
William Fraser Haulage, Gorthleck 01456 486287
Scottish Highland Art, Torness www.highlandart.com (Ros Rowell)
Cabar Feidh Bagpipe Supplies / Tuition www.cabarfeidhpipes.com (Brian Yates)
Internet Service - Tourism Site Fix, Inverfarigaig www.tourism-site-fix.co.uk 01456 486631 (Andy Holt)
Neil M Ferguson Plant Hire, Stratherrick 01456 486771 / 07833 551993

Guitar and Ukulele Tuition 07979398517 (poor reception) or 01456 486774 www.parrotmusic.co.uk (Moteh Parrott)
JT's Seafood Van from Portsoy (Fridays) 01261 843106 / 07921 864979 (John / Steve), on Facebook
Steadings Hotel / Grouse and Trout Restaurant, (Flichity Inn), 01808 521314, www.steadingshotel.co.uk
Dores Inn, 01463 751203 www.thedoresinn.co.uk (Shuttle Bus)
Bank of Scotland, Fort Augustus – Tuesdays and Thursdays 1000-1500hrs only.

Libra Holistics – Therapies - www.libraholistics.com 01456 486562 (Lindsey McNaughton)
Boleskine Garden Services 01456 486217 or 07873770645 (Gordie McAndie)
S.B. Building, General Building Services, Foyers 01456 486297 or 07773 155367 (Shaun Burton)
Andrew Fraser, Building Contractors, Errogie 01456 486381
DJD Fencing, Treework and Hard-landscaping - 07881 456627 (Davie Drummond)
Forestry and Rural Services - 07881 349814 / 01456 486729 timothyjohnlucas@gmail.com (Tim Lucas)

New Additions

A.R.P. Andy Rule Plant, Fraser's Yard, Gorthleck 01456 486274

We can list your business here. There is no charge.

This list is incomplete. If there is information you think we should add for the next issue – or you spot any errors, please e-mail strathnews@sfctrust.org.uk

Changes to the Buses from 5th June 2017



Air an Rathad, An Cearn, Earaghaidh

D&E Coaches from Inverness took over the Highland Council bus contract on 24 April 2017. D&E is a local firm which has expanded its operation and purchased new buses for use on the Foyers – Inverness and Whitebridge – Inverness routes. A new Yellow Timetable for both routes is included with the paper copy of this edition of the Stratherrick and Foyers NEWS. For an electronic copy visit www.decoaches.co.uk If a timetable was not included in your copy, text your name and address to 07525 120 966 and we will send you one. This timetable commenced on 5 June 2017 and has some service changes. The timetables were provided by Mr Matheson from D&E Coaches.

The main changes are the reduction of one return service between Inverness and Foyers on weekdays. The 11.00hrs bus from town and 1155 from Foyers no longer run. A second major change is the retiming of buses servicing the Inverness Royal Academy on Friday afternoons. This is to take account of Highland Council's decision to close schools earlier on Fridays from the next school session. Remember too that Inverness departure points have changed. Foyers buses all now leave from the Inverness Bus Station. Most Whitebridge buses also depart from the bus station but others leave from Henderson Drive and Academy Street and some do not run via Castle Street.

There are some service improvements too. The last bus of the day from Inverness Bus Station to Foyers on weekdays at 17.50hrs will extend on request to Fairyburn, Compass and Whitebridge Bus shelter with any passengers aboard. Another improvement is that the buses which leave Inverness in the early morning to start their runs will carry passengers out to Foyers and the Strath. The Foyers Bus no longer stays in Foyers overnight but takes passengers back to town at the end of the day. The last bus back to town from Whitebridge also now takes passengers.

All Foyers buses now depart from Inverness Bus Station



Please study the timetable for other changes and contact D&E Coaches on 01463 222444 with any queries.



Stratherrick - A power of local volunteer work at Stratherrick War Memorial has allowed the rock to be cleared for complete restoration to commence. Look out for further improvements over the coming months by members of the South Loch Ness Heritage Group ahead of 2018, the centenary of the end of World War One. www.southlochnessheritage.co.uk



Hornpipe and Jig – Boleskine Community Care organised a trip aboard the Seagull Trust Barge on the Caledonian Canal. The Seagull volunteers gave the Stratherrick and Foyers local party a great welcome. They were dancing in the *is/es!*



Etape Loch Ness has been a great success again with 4,200 cyclists passing through Foyers on the day. Morag Sutherland from Caledonian Concepts praised the local volunteers who marshal the event. Boleskine Community Care would like to thank the local volunteers who pledged their donation from the Etape to their charity. Next year's date for the Etape is 29th April 2018.

SUMMER FUN AT FEIS GLEANN ALBAINN with



FEIS
GLEANN ALBAINN
24TH - 28TH JULY 2017 / 24 - 28 LUCHAR 2017
KILCHUMEN ACADEMY
FORT AUGUSTUS
BÒB AN FHEIS FOSGHALTE DO CHIANN EADAR AGUS 5 AGUS 18
EVERYBODY AGED 5 - 18 WELCOME

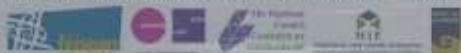
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|----------------|-------------------|
| CLASSES: | CLASACHÈAN: |
| ACCORDION | BOGSA-CUI |
| DRUMS | DRUMACHÈAN |
| KEYBOARD | BÒRD-ÙCHRACH |
| CHANTER | FÈDINN |
| FIDDLE | FIDHEALL |
| GROUPWORK | OBAR-BHUIDHNE |
| GUITAR | GUITAR |
| WHISTLE | FÈADAC |
| SHINTY & DRAMA | CAMANACHD & DRAMA |

TRANSPORT AVAILABLE FROM SELECTED AREAS
APPLICATION FORMS AVAILABLE NOW!

Free Places for all youngsters from Stratherrick and Foyers

FOR MORE INFORMATION CONTACT BECCA ON 07850 243437 OR VISIT FEISGLEANNALBAINN.CO.UK

COSGAS: MAIN FEIS £.60 (8-18 YEAR OLD) 10.30 - 16.00 *EARLY BIRD BOOKING OFFER £.50
COST: FEIS BHEAG £.35 (5-7 YEAR OLD) 10.30 - 12.45 * EARLY BIRD BOOKING OFFER £.25
ADVANCED SESSIONS £.15 (12 AND ABOVE) 16.00 - 17.00



Five days of fun are on offer at Fort Augustus at the end of July. The great news is that **Feis entry fees for all young people from Foyers and Stratherrick will be met in full by a grant from Stratherrick and Foyers Community Trust.**

Community Trust Director Peter Faye said 'We would like to encourage as many local young people as possible to participate in the Feis. The Trust has arranged to pay all the fees for any young person who wants to take part. If you are under 18 and over 5 you can join-in and all the sessions are free.'

To benefit, just complete the Feis Gleann Albainn entry form showing your postcode and write 'Stratherrick and Foyers Community Trust Grant' on the form. The Trust will pay your fee direct to the Feis. Forms are available from

















www.feisglenalbainn.co.uk

Spòrs Gu Leòr!












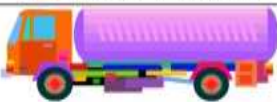




or call Becca on 07850243437

Are we nearly there yet ? If you are planning a long journey this summer, here is an i.spy type bingo game that might just keep your passengers amused. See if they can tick off ten of the pictures before they fall asleep. No upper age limit.

Car Bingo - Player one

			
Dog	Bus	Bridge	Bird
			
Lorry	Camper van	Plane	Tractor
			
Cow	Sheep	Motorbike	River
			
Cone	Train	Horse	Fire Engine

Car Bingo - Player two

			
Horse	Church	Wind Turbine	Cow
			
Caravan	Yellow Car	Bus	Power Lines
			
Bird	Bin Lorry	Car Transporter	Tanker
			
Fuel Station	Beach/Sea	Dog	Lorry